

911 FITNESS TRAINERS



Weigh-in Hosts

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CANADA

City	Trainer Name	Company	Address	Email	Telephone
ALBERTA					
Calgary	Shawna Kaminski	Kaminski Fitness Consulting Ltd	55 Citadel Crest Heath Nw		403-608-5810
Ft. McMurray	James Moncherry	The Fit Guy	208-10217 Queen St.		780-838-7348
BRITISH COLUMBIA					
Vancouver	Rob Williams		100-1201 West Pender St		604-818-1187
ONTARIO					
Bowmanville	Lisa Balsdon	Live In Motion	15 Wrenn Blvd		905-706-7862
Espanola	Curtis Bulloch			cbulloch@town.espanola.on.ca	705 869-5107
Markham	Lucy Lehman	Triumph @ Home Wellness Services	113 Cornell Park Avenue		905-471-1650
Woodbridge	Dave Susin		27 Ventana Way	dwdfitnessstudio@hotmail.com	905 893 1739

UNITED STATES

ALABAMA

City	Trainers Name	Company	Address	Email	Telephone
Birmingham	Steve Young			aidynmaddux@gmail.com	205-337-3262
Gadsden	Jonah Harris			brutefitness@gmail.com	256-490-0922
Hoover	Rodney Golden	Patton Creek & Hoover	180 Main Street Suite #228		205-988-8580
Mobile	Rich Myers	CrossFit Coastline		myersgodspeed@gmail.com	251-776-8349
Northport	Josh Giambalvo	CrossFit Innovate		josh@crossfitinnovate.com	205-333-4000
Northport	Ben Card	1on1 Fitness	3650 Northbrook Drive, Suite 3		

ALASKA

City	Trainers Name	Company	Address	Email	Telephone
Anchorage	Clay			info@revolutionsportstraining.com	907-277-2348
North Pole	David Daniell	Fire Captain	125 Snowman Lane		907-488-0444

ARIZONA

City	Trainers Name	Company	Address	Email	Telephone
Chino Valley	Jeremy Nelms	Nelms Fitness	868 Lori Lane		928-308-6173
Gilbert	Annalie Hahn			Annalie@chandlertrainer.com	480-861 1169
Gilbert	Luis Galindo	Funktional Fitness		luis.galindo@funkfitness.com	480-503-2307
Green Valley	Dan Modrzejewski				520-400-4215
Irondale	Amber Hill			amberleehill@yahoo.com	205-527-3133
Mesa/Phoenix	Andrea Parrish			andrea@azfaithfullyfit.com	480-226-6244
Phoenix	Amy M. Klein		7810 N. 32nd Ave	akfitnessfirst@hotmail.com	602-481-5123
Phoenix	Bryan Stewart	Full Body Fitness	1501 W. Veron Ave. #D		602-403-9309
Phoenix	Maribel Miller			maribelmiller@cox.net	602-361-6000
Phoenix	Natalie Pyles			fitnesselementsassociates@yahoo.com	480-419-6468
Phoenix	Amy Klien			akfitnessfirst@hotmail.com	602-481-5123
Queen Creek	Abenadi J Richards)			fullblackcrossfit@gmail.com	480-544-2446
Scottsdale	Rob Pyfer	Urban WarFit CrossFit		urbanwarfitcrossfits@gmail.com	480 522-6344
Scottsdale	Cathy Chappell			cathychappell1@gmail.com	480-216-7543
Tempe	Scott Keppel			scott@scottstrainingsystems.com	480-820-0835

ARKANSAS

City	Trainers Name	Company	Address	Email	Telephone
Cabot	Sam Collins	XERTION 24 Fitness			501-605-1744
Fayetteville, Concord, Clayton,Walnut	Mike	World Gym	3155 N College Ave Ste 102		479-521-0585
Hensley	Rachel Schaefer	Carson Physical Therapy	20800 Arch St Pike	rmedpt1986@gmail.com	870-917-7999

CALIFORNIA

City	Trainers Name	Company	Address	Email	Telephone
Carlsbad/San Diego	Mike Deibler	San Diego Premier Training		mike@sandiegopremiertraining.com	760-268-1023
Chino	Dr. Saman Bakhtiar	Fitness Concepts, Inc.	14682 Central Ave		909-393-9075
Creek, Pleasant Hill	Terry Joel			coachterry519@comcast.net	925-586-3649
Folsom	Val Fujii	Fujii Fitness/Savvy Fitness	321 Iron Point Road		916-337-4780
Glendale	Sandy Liebman			sandy@bootcampglendale.com	818-998-5032
Long Beach	Jennifer			info@360combatclub.com	562-424-4666
Long Beach	Jaiya Figueras	Your Next Victory	2451 East Willow	jaiya@yournextvictory.com	562-292-1723
Long Beach	Kimberly Idio			kimberlyidio@gmail.com	562-818-7276
Los Angeles	Alessio Casinelli	Do It Now! Fitness Club	12625 W. Washington Blvd.		310-482-3975
Los Angeles	Diane Bruner			dianenb@hotmail.com	310-257-9017
Los Angeles	Pamela Colvin	Just Move Personal Training	3760 Westside Ave	Justmovewithpam@aol.com	323 533-1309
Los Angeles	Pat Dorsey			Pat.f.Dorsey@Lacity.org	562-633-7269
Los Angeles	Tere			tereaction@aol.com	818 681-9556
Los Gatos	Michelle Van Otten	Ultimate Body Potential, Llc	221 Palmer Drive		408-379-0500
Mount Shasta	Raychel Layton	Mount Shasta Fitness Club	1630 S. Mount Shasta Blvd		530-926-1026
Pasadena	Julia Morichelli			PhillyJuls19@yahoo.com	626-590-8915
Perris	Ann Madore	Hardbody Fitness	21500 Via Liago		951-852-3154
Redondo Beach	Kust Baker		2864 Pinckard Ave.		310-748-3667
Roseville	Casey Wilson		213 Jefferson Street		916-871-8422
Roseville	Justin Arnest			justin@crossfitvictrix.com	916-770-6687
Sacramento	Susan Stroup			susannc1@yahoo.com	
San Carlos	Brien Shamp		951a Inustrial Rd		650-654-4604
San Clemente				info@crossfitorangecounty.com	760-473-1059
San Diego	Mathew Celgie	Fitness Together	14701 Via Bettona Suite 220		888-971-2639
San Jose	Brett A. Riesenhuber	Prime Physique Llc	3635 Union Avenue		408-558-1800
San Jose	Dennis Dunphy	Maxwellness Personal Fitness Training	1918 Camden Ave.		408-666-9627
San Ramon	Joey Sanjul	24 Hour Fitness	4450 N. Canyon Road		925-244-9855
Santa Barbara	Robb Bolton	Titan Sports Performance	4540 Hollister Ave.		805-683-1231
Santa Barbara	Robb Bolton	Santa Barbara	4540 Hollister Ave.	info@titansb.com	805-683-1231
Santa Barbara	Brian Pearson				805 451-4567
Santa Cruz	Kathy Davenport			fitkat@scbodyworks.com	831-425-2639

CALIFORNIA CON'T

Temecula	Ed Ferrell	Fitness Together		edferrell@fitnesstogether.com	951-302-2995
Toluca Lake	Chad Landers	Push Private Fitness	10666 Riverside Drive		818-763-1726
Turlock	Jennifer Neal			JJNeal1@gmail.com	209.535.8530
Upland	Traison Lewis		1933 W. 11th St,	bodybytra@gmail.com	951-283-4796
Upland	Traison Lewis		1933 W. 11th St. Suite D	bodybytra@gmail.com	951-283-4796
Victorville	Adrian Villalobos				503-332-3310
Westhills	Chris W. Rudy		22323 Sherman Way		818-340-0808
West Hollywood	Griffin White	Mind Muscle Fitness	1264 N Harper Ave # 3		310-487-7886
Woodland Hills	Silvia Lewis		5515 Canoga Ave. App.227		818-744-0884

COLORADO

City	Trainers Name	Company	Address	Email	Telephone
Centennial	Agent Meier - A.K.A. Kelli Meier			agent@CIAcrossfit.com	303-997-5206
Centennial	Dianne Bailey	The Conditioning Classroom	7440 E. Easter Ave.		303-522-9001
Colorado Springs	Nathan Cragg	Red White and Blue Fitness	3352 Templeton Gap Road	mailto:rwbfitness@yahoo. com	719-357-9807
Conifer	Cory Dickison	Anytime Fitness Conifer		bigtone189@hotmail.com	303-838-1130
Denver	Kevin Cox		2139 Clay Street	kevincox72@hotmail.com	303-931-3737
Evans	Tom Millman			mailto:doublediamentcross fit@gmail.com	
Glenwood Springs	Kimberly Henrie	Exclusive Athletic Club	118 West 6th Street #60	eac@iglide.net	970-945-9107

CONNECTICUT

City	Trainers Name	Company	Address	Email	Telephone
Denver/Wheat Ridge	Jason Wood	Wheat Ridge Parks and Recreation		jwoodrkc@gmail.com	303-231-1300
Manchester	Portia Wise Bachman	Fitness For Women	1131 Tolland Turnpike		860-647-1664
Newington	William Mackie		62 Washington Street	willmackie@innovativefw.com	860-834-0363

DELAWARE

City	Trainer Name	Company	Address	Email	Telephone
Delmar	Lela Simon			simonsaysPT@comcast.net	302 858-6553

FLORIDA

Altamonte	Karen Hildreth	Fitness Xperts	224 West Central Prky 1018	fitxpress@aol.com	407-758-6791
Apopka	Chris Spears		Altamonte, Springs		407-814-2051
Aventura	Sally Dor			sallydor@gmail.com	305-205-1988
Boca Raton	Crossfithardcore			crossfithardcore@bellsouth.net	
Bradenton	Sharon Litschaue	On A Shoestring Inc.	3633 Cortez Road West		941-782-7023
Clearwater	Jason Loguercio	CrossFit Tecnica		Jason@Crossfittecnica.com	727 858 7891
Cooper City	Jim Sayih, MS	South Florida 911 CrossFit	12330 SW 53 Street # 708	jim@911fitness.com	954-438-4744
Coral Springs	Debbie Amiel			deb1111@myacc.net	954-729-5296
Dania Beach / Hollywood	Kimberly Desocio			theo1021@aol.com	954-921-5530
Fernandia Beach	Doug Lane				
Fort Lauderdale	Gus Hernandez			warriorways@yahoo.com	954 525-7010
Fort Lauderdale	Mark Dragomer			mdragomer@msn.com	954-254-4686
Fort Lauderdale	Lori Bergman			alwayslivehealthy@yahoo.com	954-629-7544
Ft Lauderdale	Mark Duzenski	Smart Bodies	3045 N. Federal Highway		954-564-8558
Ft. Lauderdale	Randal			Rmel90@hotmail.com	201-247-2249 954-785-0788
Fort Myers	James Vaughn			jmv226@hotmail.com	239-895-3522
Hollywood	Shondelle Solomon	Synergize!	1948 Tyler Street		954-924-4465
Jacksonville	Kevin D'Amico			kevrock112@yahoo.com	904 874-4924
Jupiter/ Palm Beach Gardens	Patrick Mckay			patmckay1@aol.com	561-386-9970
Largo	Samuel J Summers	Life Scan Wellness Centers		SSummers@lifescan.us.com	727-258-4818
Lutz	James Horning	Tampa Lutz, Odessa, Carrollwood,Citrus Park	17848a Lake Carlton Drive	jhorning@tampabay.rr.com	813-368-3352
Middleburg	Rhett Dantzer			blackfincrossfit@gmail.com	
Miami	Dr. Joe Robaina	Robina Fitness Associates	5801 S.W. 8th Street		786-346-9150
Naples	Terryl Nichols			terryl@nycmail.com	239-248-6847
Naples	Terryl Nichols	Effective Fitness Training		-	239 793-6473
Orlando	Patti Mcquiston			pmcquiston10@hotmail.com	407-760-9462
Palm Bay	Christie Brandolini	Ultimate Fitness With Christie, LLC/Melbourne, FL	1851 Palm Bay Rd. Ste.1	ultimatefitnesswithchristie@yahoo.com	321-604-8510
Pembroke Pines	Marcelli Martinez			marcelli1@aol.com	305-331-8601

St. Petersburg	Steven			steven@crossfit9.com	
Tallahassee	Sean			crossfitnft@gmail.com	
FLORIDA contd.					
Tampa / Lutz	Corey Morris			corey@sgt-musclehead.com	813-458-6163
Tampa	Paula			g.i.jane@verizon.net	813-908-6464
Tampa / ST Pete		City Gym		tera@citygymstpete.com	
Tampa	Carrie A Kukuda	Get A Grip Total Fitness		carrie@thesomedaycoach.com	813-600-5208
Weston	Billy Beck			billy@billybeck.com	

GEORGIA

City	Trainers Name	Company	Address	Email	Telephone
Albany	Kris			kris@worldcampfitnessstraining.com	
Atlanta	Mike Maddalena			mike@fitnessbattalion.com	404-607-7424
Atlanta	Christine Neely			christine@preschoolgym.com	770-365-3900
Atlanta	Julie Mussell			fithappens@beachin.net	443-614-4543
Duluth	Scott Shetler	Extreme Conditioning & Fitness		scott@extreme-fitness.org	770-403-1363
Dacula	Chris Brown	CrossFit Pure		chris@crossfitpure.com	678-360-8153
Loganville	Steven Felker			steven@thefitnessguyonline.com	678-367-8616
Moultrie	Tammy Holland	Snap Fitness Moultrie	127-D Rowland Drive		
Snellville	Ryan Frith		3555 Centerville Highway Ste.104		678-344-1958
Woodstock	Andreas N. Morgheim	Synergist Fitness	9766 Highway 92 Ste 100		770-516-1661
Woodstock	Nancy Giles	Synergist Fitness	9766 Hwy 92 Suite 100		770-516-1661
Woodstock	Payam Mahmoodzadeh			payam@allaboutbodies.com	678-238-2639

HAWAII

City	Trainers Name	Company	Address	Email	Telephone
Kihei	Molly Murawski	Fitness Journey	2180 Haukai Pl.		808-357-3859

IDAHO

City	Trainers Name	Company	Address	Email	Telephone
Garden City	Andrew Rosenbaum			andyiscrossfit@gmail.com	
Meridian	Chris Henderson	Gold's Gym	1455 South Country Terrace		208-697-1595
Nampa	Brandon Jenkins			bjenkins@bornagainfitness.com	208-514-8384

ILLINOIS

City	Trainers Name	Company	Address	Email	Telephone
Chicago	Frank Nunez	The Fitness Lair, Unicus Fitness	233 N. Michigan Ave. 6 th Floor	unicuspt@sbcglobal.net	708-402-8561
Chicago	Merlin				630 640-0467
Deerfield/Buffalo Grove	Andrew Eaton			drew@asaptraining.net	847-877-6673
Glen Ellyn	Rose Volpe			rosevolpe@hotmail.com	630-712-1022
Glenview	Vickie Jo Frego			vjfrego@comcast.net	847-845-6851
Libertyville	Karen Meserve				
Mundelein	Kay Phillips			Kay_Phillips@hotmail.com	847-393-7369
Naperville	Neil Khant			crossfitnaperville@gmail.com	
Oak Lawn	Donald A Mundo			donaldamundo@yahoo.com	708-305-1808
Oswego	Jennifer Curran			jennshepp78@aol.com	
Roselle	Jason			crossfitroselle@gmail.com	
West Chicago	Merlin Hahn	St Charles	2642 Havens Dr		630 640-0467
Winnetka	Khashayar	Northfield Fire Rescue/ NW University	P.O. Box 388		312-636-8063
Wood Dale	Eric Su	Goality Fitness Club	236a E. Irving Park Rd		630-253-4813

INDIANA

City	Trainers Name	Company	Address	Email	Telephone
Bloomington	Allison Chopra			allison.chopra@mac.com	812.961.8519
Fort Wayne	Jason Minich			jasonm@catalyst-fitness.com	260-450-2367
Fort Wayne	Jason Minich	Catalyst Fitness	508 N. Hadley Road	jasonm@catalyst-fitness.com	260-450-2367
Indianapolis	Coach Wally			wally@crossfitsouthbend.com	574-220-8727
Madison	Heather	Fit For The King			812-265-0175
Odon	Cindy Sims			acksims@rtccom.net	812-636-2019
Plainfield	Erin Hurst			erin.hurst.living@gmail.com	317-839-7665
Winchester	Kevin Shook		321 W. North St.	kevin.shook@winchesterindiana.us	765-277-9735

IOWA

City	Trainers Name	Company	Address	Email	Telephone
Des Moines	Chris Richter			crfitness@hotmail.com	515-231-6390

KANSAS

City	Trainers Name	Company	Address	Email	Telephone
Bonner Springs	Terri Fox Fitness				816-204-1339
Olathe/Overland Park/ Kansas City	Brandon Musick			bmusick@prairielife.com	913-764-5444
Overland Park	Vanessa Leite			leitevj@hotmail.com	913-548-8862
Paola	Jillian	Bodymaxx Fitness	708 Baptiste Drive	jillian@bodymaxxfitness.com	913-294-1000
Prairie Village	Greg Justice	Kansas City	7501 Mission Rd. N-2	aycfit@gmail.com	913-642-4437

KENTUCKY

City	Trainers Name	Company	Address	Email	Telephone
Lexington	Kevin Deweese			deweese@lexingtonky.gov	859 231 5615
Louisville	Jody Swimmer	Fitness on Frankfort	2726 Frankfort Ave		502-599-2750

LOUISIANA

City	Trainers Name	Company	Address	Email	Telephone
Baton Rouge	Sarah Rippel			fitprosarah@yahoo.com	225-326-2317
Houma	Derrick Breaux			amderrick@aim.com	985-688-2607

MARYLAND

City	Trainers Name	Company	Address	Email	Telephone
Baltimore	Catherine Brown		4105 Mortimer Ave.		443-854-5096
Baltimore	Lisa Martin	Wellness Evolution	108 N. Curley St		410-707-0055
Baltimore City	Catherine Brown			catherine.physiquefitness@bluetie.com	443-854-5096
Bowie	Njama Jones			dad4ash0204@aol.com	240-691-7958
Dunkirk	Tanya Becraft			tanyaalp@yahoo.com	301-812-2690
Fallston	Angela Romano			angelaromano@gobeyondfit.com	410-877-1595
Gaithersburg	Beth Novick			trainer1158@yahoo.com	301-774-1407
Hagerstown	Tina M. McNulty			mcnulty001@myactv.net	301-733-5010
Silver Spring	Maurice D. Williams			IDALhealth@hotmail.com	301.578.8712
Washington, DC-Bowie	Kenneth Davis			pumpuup@juno.com	202-359-9887

MASSACHUSETTS

City	Trainers Name	Company	Address	Email	Telephone
Boston	Jason Mason	Beverly Athletic Club		JasonM@beverlyfitness.com	617-851-6665
East Longmeadow	Ivan Bouwer			realisticphysiques@charter.net	413-525-6524
Mashpee/Sagamore	Michael DiMaggio	USA Kung Fu Academy		sifumike09@gmail.com	508 477-9605 508 888-7779
Mashpee/Sagamore	Tammy DiMaggio	USA Kung Fu academy		martialfitnesscapecod@hotmail.com	508-477-9605
Millis	Jason Dobbs			coachjdh@hyerdriven.com	203-895-0910
Oak Bluffs	Heather Neal			b-strongmv@comcast.net	508-685-8888
Orange	Thomas Ward		2 Stone City Valley Rd		781-377-3639
Plymouth	Kelly Protz			kprotz@comcast.net	508-813-0803
Springfield or surrounding Townsding area	Jennifer Stefaniak			Jenabeejo@yahoo.com	413-265-9014

MICHIGAN

City	Trainers Name	Company	Address	Email	Telephone
Battle Creek	Troy Huggett	Troy Huggett's Fitness Pros	395 Southshore Dr #101		269-967-6300
Farmington Hills	Catherine Munaco			catherine@coachmefit.com	248-788-4727
Holt	Ellen Holmes	SNAP Fitness Holt		holmese9@msu.edu	517 889-5000
Muskegon	Heather David			aerobicsteacher@gmail.com	231-750-2525
Newaygo	Jay King	Dynamic Fitness		jay.king13@yahoo.com	231-652-2828
South Lyon	David Pacheco			davecheco@cablespeed.com	734-476-7641
Troy	Phil Loomis			philloomis@hotmail.com	248-526-2657 ext. 2
Wayne	Nathan Adams	Health & Wellness Supervisor	3355 S. Wayne Rd		734-721-7400
Ypsilanti	Julia Collins		25n. Washington St		734-845-0542

MINNESOTA

City	Trainers Name	Company	Address	Email	Telephone
Minneapolis	Steve Loeding			steveloeding@comcast.net	
Plymouth	Kathy Kmetz	Beyond Fitness	1115 Vicksburg Lane N. 38		763-473-2400
Shakopee	Michael Albrough			scanpirate@msn.com	952-381-4272
West Saint Paul	Ernest Kaehler	YMCA of West Saint Paul	150 Thompson Avenue	ernest.kaehler@ymcatwincities.org	651-259-1466
West Saint Paul	Christopher Rocco	YMCA	150 Thompson East	c.e.rocco@comcast.net	651-276-3487

MISSISSIPPI

City	Trainers Name	Company	Address	Email	Telephone
Flowood	Michael Mcelroy			michael@crossfit2717.com	
Jackson	Andrew Carcich			andrewcarcich@yahoo.com	228-282-0103
Meridian	Steve			stevecathey72@yahoo.com	601-485-7152
Tupelo	David Riley			all_attitude_13@yahoo.com	662-321-5676

MISSOURI

City	Trainers Name	Company	Address	Email	Telephone
	Kri Chay			kri@kc180fitness.com	816-754-6692
	Kri Chay's Urban HIIT FITT		18675 E. 39th St. Ste. E	http://www.HIITFITT.com	
Jefferson City	Angela Alexander			fitnutx5@embarqmail.com	573-301-2534
Liberty	Wayne Lewis			sarah@combatcrossfitkc.com	816-429-6469
Kansas City	Shelly Ortiz	Mjfitness	3036 Gillham		816-305-4141
Springfield	Tammy	Git Fit Headquarters			417-886-6387
St Louis	Eric Shay	No Shelter CrossFit	1015 Locust St	ericshaydc@gmail.com	636-556-0005 cell 314-399-0488

NEBRASKA

City	Trainers Name	Company	Address	Email	Telephone
Blair	Jerry Fox			blairfit@huntel.net	402-533-2515
Norfolk	Ryan Goodman			rdgoods@gmail.com	402 844-2050

NEVADA

City	Trainers Name	Company	Address	Email	Telephone
Henderson	Angie Klabacka	Club Sport / Green Valley	2100 Olympic Ave		702-454-6000
Reno	Alena			alena@battleborncrossfit.com	775-745-5144

NEW HAMPSHIRE

City	Trainers Name	Company	Address	Email	Telephone
Campton	Alex Dria			aljadi13@yahoo.com	603-726-5060
Woodsville	Gary W. Goodwin	Railyard Health Club	181 Central St.	ggoodwin11@charter.net	603-747-8006

NEW JERSEY

City	Trainers Name	Company	Address	Email	Telephone
Cranbury	Bill De Simone	Optimal Exercise	27b Maplewood Avenue		609-409-7710
Cranbury	Bill DeSimone		27 Maplewood Ave	optimalexercise@comcast.net	609-462-7722
East Hanover	Scott Paltos	PUMP CrossFit & Performanc		scpaltos@pumpcrossfit.com	973-585-6881
Eatontown	John T. Fay, CPT	J. T. Fay Fitness Enforcement		jtf42@optonline.net	732 685-6870
Freehold	Charles S. Maffey	Atlantic Physical Therapy	222 Schank Rd	cmaffey@hotmail.com	732-431-2883
Garwood	Len Glassman	Personal Best Training & Pilates Center	100 Center Street		908-456-0340
Gillette	Tonya Neville		12 Harrison Ave		908-337-8857
Marlton	Anthony Capozzoli-1		117 A Route 73 South		856-983-2625
Mendham	Michael Lawrence			mlawre@earthlink.net	973-543-4900
Middletown	Heather D'Arcy	World Instructor Training School	154 Kings Hwy	hadarcy@gmail.com	732-977-9818
Peapack	Valerie Pawlowski		61 Main St. Box 609		908-938-1419
Rumson	Marc Rosamilia			marc@bio-balancefitness.com	973-704-2220
Turnersville	Anthony Capozzoli-2		21 Whitman Square Plaza		856-227-3132

NEW MEXICO

City	Trainers Name	Company	Address	Email	Telephone
Albuquerque	Lawrence Herrera		2934 Bright Star Dr. Nw.	lawrenceherrera@yahoo.com	505-699-3932
Albuquerque	Niki Lamonica			nikilamonica@gmail.com	
Deming	Gabriel Dominguez	Gabe's Fitness		gabe_d_10@yahoo.com	575 546-2724
Santa Fe	Donna Gurule			donna@nmsportsfitness.com	505-424-0131
Santa Fe	Gina Sena	New Mexico Sports & Fitness Center	2954 Rodeo Park Drive West	gina@bootcampsantafe.com	505-424-0131

NEW YORK

Albany	Jason Ackerman	Albany CrossFit		info@albanycrossfit.com	518-250-9348
Astoria	Eddie Morales			personaltrain11@hotmail.com	917-238-2635
Auburn	Stephen J. Komanecky	Ymca-Wei	27 William St		315-253-5188
Brooklyn	Alex Hillian			abhtrainer@aol.com	718-687-2794
Brooklyn	Lisa Edwards			lisa_ftv@yahoo.com	646-244-1120
Gloversville	Lisa Holland			lholland3@nycap.rr.com	518-848-1992
Lake Placid	Jason J. McComber	Lake Placid Health And Fitness	1954 Saranac Ave		518-523-4217
Long Island	David Bluman				516-432-6877
Lawrence	Michele Weeks			admin@askmicheleweeks.com	516-837-0169
Mount Vernon	Sonya Louis-Taylor	Specialty Fitness	300 Hayward Ave 2b		914-372-1529
Mount Vernon	Sonya Louis	Specialty Fitness Inc.		slouis@specialtyfitness.biz	914-665-2084
New York	Maria Matos		418 West 56st Apt. 2f		305-302-9848
New York	Natasha Linton	West River House - Penthouse	424 West End Avenue		407-221-9234
New York	Sam			contact@crossfitvirtuosity.com	
New York	Anthony Preischel	CrossFit Hell's Kitchen		crossfithellskitchen@gmail.com	646-234-8425
Rochester	Joe			functionxfit@aol.com	
Rochester	Andrea Smith	World Gym Rochester		andrea.smith@seemberfitness.com	585-271-0440
Watkins Glen	Barbara Anderson	Exercise Enterprise	300 South Madison Ave.	ee2bfit@aol.com	607-535-7450

NORTH CAROLINA

City	Trainers Name	Company	Address	Email	Telephone
Carolina Beach	Jason Morgan	Muscleworx Personal Fitness System	915-C N. Lake Park Blvd. #26	jason@muscleworx.com	910-458-9950
Charlotte	Monica Johnson	No Excuses Fitness Training	1000 East Morehead Street		704-258-8203
Greensboro	Mckenzie			crossfitathleticsgso@yahoo.com	
Greensboro	John Meeks	CrossFit Greensboro		jmeeks@crossfitgreensboro.com	336 971-0089
Matthews	Jennah Hardy	Strive For Life Training	2917 Rice Rd.		704-839-6331
Troutman	Kathi Guild			kathi@coolbreezecycle.com	704-528-2639
Winston Salem	Renee Boyles			crossfitws@yahoo.com	336-391-0391
Winterville	Torey Mattison			corefitness05@yahoo.com	252-258-0972
Winterville	Torey S. Mattison	Core Fitness And Wellness Center	571-B West Firetower Rd		252.353.2673

OHIO

City	Trainers Name	Company	Address	Email	Telephone
Akron	Alexis Scott			totalbenefit@neo.rr.com	330-835-4908
Berea	Christina, Stephanie, or Matt	Powerhouse Gym	1298 West Bagley Rd		440)243-2637
Cleveland	Victoria Yannie			nvyannie@yahoo.com	440-829-4288
Cleveland	Charlie Moore			cam1@clevelandmetroparks.com ,	216-337-9851
Cleveland	Tim Rhoden			twr@clevelandmetroparks.com	440-227-9966
Columbus	James Gullatte			boss_fit1@sbcglobal.net	614-607-4775
Columbus	Joan G. Taylor			614@gmail.com.487.1998`	614.487.1998
Columbus	Mitch Potterf	Ohio Fit Club, LLC		mitch@ohiofitclub.com	614-500-3883
Columbus	Laura R. Bockbrader			laurabexcellent@yahoo.com	614-592-4694
Galena	Delcina Y Jones		2405 Meadowshire Rd		740-548-8216
Geneva	Andrew Voris			voris56@gmail.com	630-865-8573
Lorain	Leah Hensley			leah_hensley@hmis.org	440-960-3935

OKLAHOMA

City	Trainers Name	Company	Address	Email	Telephone
Oklahoma City	Ha Bui	Fitness Together Downtown Okc	119 N. Robinson, Suite 200		405-604-9655
Tulsa	Clint Howard	Tulsa Fitness Systems		clint@tulsafitnesssystems.com	918-296-7418
Tulsa	Craig Descoteaux	CrossFit Eclipse		craig@crossfiteclipse.com	918 893-4262

OREGON

City	Trainers Name	Company	Address	Email	Telephone
Baker City	Laurie Wittich	YMCA	2021 Main Street	laurie@bakerymca.com	541-523-4050
Bend	Shannon Segerstrom			highdesertpt@gmail.com	541-382-2328
Christmas Valley	Pat Widenoja	North Lake Clinic	87520 Bay Rd, 541 576-2343	mailto:pat@nlhealthclinic.org	541 576-2343
Gresham	Chausse Sylvester		1521 Se Evans Ave		503-674-4836
Klamath Falls	Tara Frey		2846 Eberlein Avenue	troy.willis@earthlink.net	
Lakeview	Bobbie Steining	Lake School District #7	906 South 3rd	bobbie@gooselake.com	541-947-2287
Lincoln City	Cheryl Luebke			cheryl.luebke6@gmail.com	503-312-8125
Portland	Chris Mcdonald			chrism@crossfitmlk.com	
Roseburg	Troy Willis				
Springfield	Karen Godin Rhoads			oregonselfdefense@gmail.com	541-914-4166
The Dalles	Robert Jones			robertj@mcmc.net	(541) 506-5779

PENNSYLVANIA

City	Trainers Name	Company	Address	Email	Telephone
Clarks Summit	Joy De Soto	Birchwood Fitness Center	401 Fawnhill Rd.		570-241-1024
East Berlin	Chad Eckert		405 North Ave		717-259-0149
Erie	Tim Romanski			tim@crossfiteos.com	814-572-2323
Kingston	Georgette Pann	Nutrifitness	331 Market St.		570-457-0799
Philadelphia	Danielle Sroczyk			gptfitness1@comcast.net	267-977-9070
Philadelphia	Joy Carey	Radius Fitness, LLC		JMCarey87@gmail.com	267-639-5500
Pittsburgh	Nathalie Kuffer	Fun N Fit		info@funnfit.us	724-290-7172
Pittsburgh	Pittsburgh Adventure Boot Camp	Outdoor Fitness Instructors	7168 Baptist Road Apt 402		724-713-6298
State College	Adam Hall	Victory Sports and Fitness		amh5121@gmail.com	814-235-7676
Three Springs	Scott Everhart	Victory Sports and Fitness		severhart87@gmail.com	814-235-7676
York	Rusty Mirasol	CrossFit York		rusty@crossfityork.com	443-538-1147

PITTSBURGH

City	Trainers Name	Company	Address	Email	Telephone
Oakmont	Mike			info@crossfitpittsburgh.com	

RHODE ISLAND

City	Trainers Name	Company	Address	Email	Telephone
Cumberland	Mike Or Jen	Next Level Fitness	3751 Mendon Rd		401-658-4400
North Providence	Erica Woodworth			erica@911bootcampri.com	401-419-0426

SOUTH DAKOTA

City	Trainers Name	Company	Address	Email	Telephone
Webster	Cheryl Hairgrove		14045 436th Ave	cheryl.hairgrove@sanfordhealth.org	605-345-4141 605-345-8001

SOUTH CAROLINA

City	Trainers Name	Company	Address	Email	Telephone
Charleston	William Graham			crossfitcharleston@yahoo.com	724-882-8169
Greenville	Michael Breisch	Coop's Health & Fitness	19 Gladys Drive		864-567-5632
Greenville	Billy Fletcher			focusedfitnesssc@gmail.com	
Mt Pleasant	Hosea Sandstrom			hoseasandstrom@yahoo.com	843-881-5429
Rock Hill	Thomas L Sayle	CrossFit Rock Hill		sayle@crossfitrockhill.com	803-980-2348

TENNESSEE

City	Trainers Name	Company	Address	Email	Telephone
Knoxville	Johnny			info@crossfitknoxville.com	865-356-9000
Memphis	Paul Wright			cordovawellness@att.net	901-507-4527

TEXAS

City	Trainers Name	Company	Address	Email	Telephone
Austin	Jeff			jeff@fitandfearless.com	
Austin	Wes Kimball			wes@crossfitaustin.com	
Austin	Sarah Stewart, PES, NASN		www.sarahstewarttraining.com	kineticms@gmail.com	512-797-1933
Allen	Dylan Gautreaux			info@crossfitftx.com	214-673-8644
Bartonville	Kelli Calabrese	Medical Spa 407	2650 Fm 407 Suite 155		940.455.2337
Bastrop	Todd DeJulius	Anytime Fitness		bastroptx@anytimefitness.com	512-321-1005
Cedar Park	David Tillman	Tillman Physical Therapy & Sport Training Center		robin@crossfitcp.com	512-331-6200
Deer Park	Sonya Hershey		Po Box 700	shershey@deerparktx.org	281-930-2153
El Paso	Chad Falco	Chad's Gym & Studio	11436 Rojas B-13		915-598-2423
El Paso	Patty Fox			foxinc91730@msn.com	915.408.0208
Frisco	Cory			info@friscocrossfit.com	469-438-3838
Frisco	Linda Sabin	Frisco Adventure Bootcamp	1661 Chase Oaks		214-384-1795
Harlingen	Anthony Mutyambizi	Diamond Physique Personal Training	1450 Fresno St.	tmutyam58@yahoo.com	956-241-0656
Houston	Susan Magee McClure	Aerobifit	14090 Memorial Drive		713-894-0409
Longview	Sandy Hudman	Physical Impact			903-663-4440
McAllen	Jorge Vela	Explosive Fitness Personal Training Studio & Fitness Boot Camp	5401 N. 10th Street Suite 215	jorge@explosivefitness.net	956-451-8962
North Richland Hills	Deni Carruth	Masterwellness	8217 Thornhill Drive		817-691-3560
Pharr	Luis Palacios			louiepalacios@aol.com	956-522-5415
Plano	Allura Carraway		8000 Coit Road, #300223		972-767-5997
San Antonio	Patty Jentsch	Anytime Fitness	16535 Huebner Rd.		210-493-0900
San Antonio	Samario Davis	Fit For Life Personal Training	2126 Jackson Keller	safitforlife@yahoo.com	210-710-3068
TEXAS CONT'D					
San Antonio	Teresa Brandenburg, M.S., ACSM HFS, AFAA PFT				417.209.0601
San Antonio	Michael Reyes	Bam Fitness Club	5139 N Loop 1604 W #104		210-492-3215
Smithville	Lyla Flores			lylaeflores@yahoo.com	512-221-7290
Waxahachie	Daniel Ortiz	Lord's GYM	1312 W. Main St	Daniel@DAOFSFF.com	972-935-0760

UTAH

City	Trainers Name	Company	Address	Email	Telephone
Salt Lake City	J. D.	Gold's Gym	Sugarhouse		801-427-6435
St. George				info@crossfitdixie.com	
South Ogden	Lindsay Hassell			crossfittheclub@hotmail.com	801-479-6500

VERMONT

City	Trainers Name	Company	Address	Email	Telephone
Burlington	Matthew John Schifferle			Matt@theFitRebel.com	802-310-4154

VIRGINIA

City	Trainers Name	Company	Address	Email	Telephone
Charlottesville	Laura Conklin	Downtown Athletic Center	111 Monticello Ave		434-987-9653
Fairfax	Chris Ridgway	Fitness Excellence, Llc	13328 Summer Garden Walk	chris@fitnessexcellence.com	571-294-6994
Fairfax	John Mays			priorityphysiques@yahoo.com	571-277-1292
Fort Lee	Nakia Stovall		2414 C. Ave	nakia.s.stovall@us.army.mil	804-734-7069
Fort Lee	Kristin Edwards	Dept. Of Defense	1100 Lee Ave. Suite 119		804-734-7069
Richmond	Harold Ring			hbring@verizon.net	
Virginia Beach	Thomi			crossfitvb@gmail.com	
Williamsburg	Detric Smith	Results Performance Training		info@resultsperformancetraining.com	757-589-7028

WASHINGTON

City	Trainers Name	Company	Address	Email	Telephone
Kennewick	Kelly Or Jessica	Columbia Basin Racquet Club			509-943-8416
Lynnwood	Jesse Ward			jesse@localsgym.com	
Longview	Ron Or Martha	Physical Impact	1445 Commerce Ave		360-577-6015
Marysville	Jen Chesnut	Stanwood Camano Physical Therapy	9612 270 Street Nw, # D		360-798-3835
Olympia	Crossfit Olympia			midi_r@yahoo.com	Juanita 360 870
Poulsbo	Dan			info@kitsapcrossfit.com	
Pullman	Rick Taylor	Anytime Fitness		rick.taylor@anytimefitness.com	509-332-3100
Seattle	John Verd	Game Plan Fitness	55018th Ave. Nw.		206-713-7249
Snohomish	Cameron			cameron@rivertowncrossfit.net	
Spokane	Ben Greenfield			elite@pacificfit.net	208-883-7705
Vancouver	Adam Neiffer			adam@crossfitfortvancouver.com	
Vancouver	Michael Case			patty.murphy@comcast.net	360-798-2661 Patty Murphy
Washington DC	John Main			coach@crossfitmph.com	

WEST VIRGINIA

City	Trainers Name	Company	Address	Email	Telephone
Charleston	Dan Stickler			dstickler@medabolix.com	
Huntington	Mullins, Jeremy			jeremy.mullins@marshall.edu	
Scott Depot	Mullins, Jeremy			jeremy.mullins@marshall.edu	
Vienna	Sherry Mccay	Sherry's Custom Fitness Llc	1601 Grand Central Ave 11		304-488-3831
Vienna	Brian Anderson		Grand Central Avenue 11		304-615-0300

WISCONSIN

City	Trainers Name	Company	Address	Email	Telephone
Ellsworth	Sara Albrecht	Snap Fitness		saraalbrecht80@hotmail.com	715-307-2784
Osceola	Dr. Steve Edling			steve@dredling.com	715-294-3100
Pewaukee	Doug Krueger	Hartland, Pewaukee, Oconomowoc	1231 George Towne Drive B	doug@peakperformancewi.com	866-305-8575
Sun Prairie	Kraig - Mgr	Prairie Athletic Club	1010 North Bird Street		608-837-4646

WYOMING

City	Trainers Name	Company	Address	Email	Telephone
Cheyenne and Laramie	Lucy Mcveigh			lucylink4u@msn.com	307-631-4979